

# THE Southern Grind COFFEE HOUSE

AT THE WHARF

Serving Breakfast, Lunch, Dinner, Dessert & Coffee

Prices subject to change and menu varies at each location.

## Breakfast

### Hand Helds

**Chicken Biscuit** ..... 3.99  
seasoned and breaded chicken filet served on buttermilk biscuit with honey.

**Breakfast Biscuit** ..... 4.50  
egg, cheese & served with your choice of bacon, ham or sausage

**Croissant** ..... 5.99  
2 eggs, cheese & served with your choice of bacon, ham or sausage on a croissant

**Breakfast Bagel Sandwich** ..... 5.99  
2 eggs, cheese & served with your choice of bacon, ham or sausage on a bagel of your choice

**Kings Hawaiian** ..... 5.99  
2 eggs, cheese, ham on a Kings Hawaiian roll

### Plates

**Sunrise Bowl** ..... 7.99  
2 biscuits topped with pepper gravy and topped with 2 sunny side up eggs

 **Spinach & Mushroom Scramble** .. 8.99  
3 eggs scrambled with fresh baby spinach and bella mushrooms served with your choice of cheese (cheddar, mozzarella, provolone or feta), toast and a side of salsa.

**Jalapeño Potato Scramble** ..... 9.99  
3 eggs scrambled with cheddar cheese, jalapenos, seasoned potato mix and served with your choice of bacon, ham or sausage scrambled together with a side of toast and a side of salsa.

 **Mozzarella, Tomato & Basil Breakfast** ..... 9.99  
3 eggs scrambled with mozzarella cheese, grape tomatoes and fresh basil, a side of fruit, served with toast

**The Wharf Breakfast** ..... 9.99  
2 eggs scrambled, and served with your choice of bacon, ham or sausage, seasoned breakfast potatoes and toast

  **Avocado Egg Melt** ..... 9.99  
3 eggs scrambled with melted cheddar cheese and topped with sliced avocado. served with a side of fruit and salsa.

**Cinnamon French Toast** ..... 9.99  
2 slices of cinnamon swirl French toast whip cream, powder sugar served with your choice of bacon, sausage or ham.

**Belgian Waffle with Fresh Strawberries & Cream** ..... 9.99  
topped with powdered sugar & raspberry drizzle, served with your choice of bacon, sausage or ham

**Belgian Waffle** ..... 8.99  
served with your choice of sausage, bacon, or ham

**Biscuits & Gravy** ..... 4.99  
two buttermilk biscuits topped with country pepper gravy

 **Oatmeal** ..... 3.99  
served with cranberries & brown sugar

 **Yogurt & Granola Parfait** ..... 4.99  
**Seasonal Fruit** ..... 4.99

**SIDES:**

**Bacon** ..... 3.99

**Sausage** ..... 3.50

**Ham** ..... 3.50

**Eggs** ..... 1.50 per

**Seasoned Breakfast Potatoes** ..... 3.99

**Avocado Halve** ..... 2.99

**Biscuit** ..... 1.99

**Toast** ..... 1.99

**Bagels** ..... 2.99

*plain, everything, blueberry or wheat. served with cream cheese, peanut butter or butter*

**Croissant** ..... 2.99

*served with cream cheese or butter*

**Orange Juice**...12 oz. 2.99 20 oz. 3.99

**Apple Juice** ..... 2.50

**Bottled Water** ..... 1.99

**Simply Lemonade** ..... 2.50



Gluten Free



Vegetarian

## Paninis, Sandwiches & Wraps

served with chips & choice of pasta salad, cucumber salad or German potato salad  
substitute fruit for any side or chips for an additional \$1.  
bread choices: ciabatta roll, sourdough, wheat, spinach wrap,

**Cheeseburger..... 9.99**  
¼ lb. burger served with cheddar  
cheese, lettuce, tomato & onion  
on kings hawaiian. add bacon...1.00

**Turkey or Chicken Club Panini .... 9.99**  
turkey or chicken breast, bacon,  
lettuce, tomato with chipotle  
mayonnaise. served on sourdough  
bread

**Turkey or Chicken Pesto Panini ... 9.99**  
sliced turkey or chicken breast with  
pesto, mozzarella cheese, tomato  
with fresh basil, salt & pepper, served  
on ciabatta roll

**Ranch Chicken & Bacon Panini .. 9.99**  
grilled chicken breast, bacon,  
avocado, provolone cheese with  
ranch dressing, served on sourdough  
bread

**Garden Turkey Sandwich.....10.99**  
avocado, turkey, lettuce, tomato,  
cucumber, mayo on wheat  
\* served cold

**Honey Mustard Chicken Panini... 9.99**  
grilled chicken breast, mozzarella  
cheese, lettuce & honey mustard  
served on whole wheat bread

**Chicken Salad Sandwich..... 8.99**  
Jaime's recipe of grilled chicken, red  
grapes, walnuts, celery and spices,  
mixed together and served on a  
flaky, buttery croissant


**Philly Cheese Steak .....10.99**  
thinly sliced ribeye steak grilled with  
provolone cheese. served on hoagie  
roll with peppers & onions

**Turkey & Avocado BLT.....12.99**  
sliced roasted turkey, fresh avocado  
and hardwood bacon, lettuce,  
tomato and mayo served on a warm  
buttery croissant

**Jumbo Lump Crab Cake  
Sandwich.....11.99**  
house specialty crab cake, lettuce,  
tomato, mayo on Kings Hawaiian

**Chicken Quesadilla .....8.99**  
chicken and cheese with side of salsa  
& side & chips

**French Dip..... 11.99**  
served with provolone cheese &  
creamy horseradish sauce on a  
with a side of au jus

 **Grilled Cheese Panini..... 7.99**  
cheddar, mozzarella, provolone on  
sourdough bread.  
add one or more of these items:  
ham, bacon, tomato

 **Mozzarella Tomato & Basil Panini..8.99**  
mozzarella with tomato, fresh basil &  
balsamic vinaigrette. served on cia-  
batta roll

**Bourbon Chicken Sandwich.....\$9.99**  
chicken, cheddar cheese, lettuce  
tomato, bourbon glaze on kings  
hawaiian

**Turkey Bacon Avocado Wrap .....9.99**  
turkey, provolone cheese, bacon,  
avocado, tomato & lettuce served in  
a grilled spinach herb wrap. served  
with a side of ranch

**Chipotle Chicken Club  
Flatbread Melt .....10.99**  
grilled chicken breast, cheddar  
cheese, bacon & chipotle sauce,  
baked on a hand stretched  
flatbread topped with lettuce &  
tomato












**Buffalo Chicken Flatbread Melt ...9.99**  
grilled chicken breast, red onion,  
blend of mozzarella and cheddar  
cheese topped with buffalo sauce  
baked on a hand stretched flat-  
bread. choice of ranch or blue  
cheese dressing on side

 **The Hummus Veggie Bagel ..... 9.99**  
your choice of bagel served with hummus,  
avocado, spinach, cucumber, tomato,  
red onion. served with side of fruit

**Hummus Grilled Chicken Flatbread  
Sandwich..... 10.99**  
grilled chicken, hummus, feta cheese,  
red peppers, black olives, spinach  
served in a warm hand-stretched flatbread  
served with a side and chips

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

## Salads Ask us how to make your salad vegan!

- add grilled chicken or sliced turkey. 2.99  
add jumbo lump crab cake.....5.99
-   **Pear & Pecan** ..... 9.99  
fresh greens, red onion, caramelized pears & roasted candied pecans with crumbles of blue cheese
  -  **Cobb Salad**..... 9.99  
fresh greens, smoked bacon, smoked turkey, tomatoes, hard boiled egg, blue cheese crumbles, black olives
  -   **Strawberry Pecan Salad** ..... \$9.99  
fresh greens topped with pecans, feta and strawberries
  - Wedge Salad**..... 7.99  
wedge salad topped with bacon, croutons, chopped red onion, grape tomatoes, your choice of blue cheese crumbles or feta cheese and dressing of your choice  
*Try it Joe's way with our bourbon glazed chicken*
  -   **The Market Salad** ..... 9.99  
fresh greens, avocado, mushrooms, black olives, red peppers, cucumber, red onion, grape tomatoes & topped with feta cheese
  -  **Caesar Salad**..... 8.99  
romaine lettuce, parmesan, garlic croutons, traditional Caesar dressing
  -   **Apple & Roasted Walnut**..... 9.99  
granny smith sliced apples, roasted walnuts, dried cranberries, topped with feta cheese served on a bed of fresh greens
  -  **House Salad**..... 6.99  
fresh greens, tomato, lettuce, cucumber, red onion, croutons

### Dressings

All dressings gluten free

- Ranch
- Honey Mustard
- Caesar
- Creamy Italian
- Blue Cheese
- Balsamic
- Raspberry Walnut Vinaigrette
- Strawberry Vinaigrette
- Honey Lime
- Cilantro Vinaigrette

### Soup Du Jour

Made Fresh Daily

- Cup ... 3.99 Bowl... 5.99
- French Onion Cup...3.99 Bowl...5.99**
- Lobster Bisque Cup...4.99 Bowl...6.99**  
(as available) served with homemade cornbread in season

## Kids Menu (12-under)

served with chips & a pickle

- PB & J** ..... 3.99
- Turkey & Cheese Sandwich** ..... 4.99
- Cheese Quesadilla** ..... 4.99
- Cheese Pizza**..... 7.99

## Smoothies / Shakes

	12oz	16oz	20oz
Strawberry · Mango	3.99	4.75	5.25
Gelato Shakes made with your choice of Gelato	4.99	5.99	6.99
Add a banana .....	1.00		

## Gelato Italian Ice Cream

Gelato Sold in Bulk · 18 Flavors · Cup or cone

- Kiddie Cup (1 scoop) ..... 3.75
- Gelato Regular (2 Scoops) ..... 4.75
- Gelato Large (3 Scoops) ..... 5.50
- Gelato Sundae..... 7.99
- Dessert for two or more ..... 12.99  
hot Belgian waffle topped with 4 scoops of gelato, choice of sauces and whip cream
- Affogato al Caffè ..... 6.99  
2 scoops of gelato served with 2 shots of espresso and topped with whip cream, dusted with cocoa powder

## Brewed Coffee | Cold Brew

	Short 12oz	Tall 16oz	Venti 20oz	Bottomless Cup
House Blend	1.99	2.25	2.50	3.50
Single Origin	2.25	2.50	2.75	
Cold Brew	2.50	3.00	3.50	
Nitro Draft		3.50		

## Espresso Drinks Hot | Iced

Americano	2.40	2.75	2.95
Latte	2.95	3.45	3.85
Cappuccino	2.95		
Caramel Macchiato	3.99	4.50	4.99
Salted Caramel Latte	3.99	4.50	4.99
Mocha	3.99	4.50	4.99
Milky Way	3.99	4.50	4.99
White Mocha	3.99	4.50	4.99
Peanut Butter Mocha	3.99	4.50	4.99
Honey Bee Latte	3.99	4.50	4.99

add any flavor .75

soy or almond milk .60 extra

## Non Coffee Drinks

Chai Latte	4.00	4.50	4.75
Hot Brewed Tea (Various Flavors)	2.99	3.50	3.99
Hot Chocolate	2.99	3.50	3.99
Vanilla Crème	2.99	3.50	3.99
Lavender Vanilla Crème	2.99	3.50	3.99

## Frappes | Frozen Drinks

Coffee Frappe	4.50	5.00	5.50
Mocha Frappe	4.50	5.00	5.50
Caramel Frappe	4.50	5.00	5.50
Salted Caramel Frappe	4.50	5.00	5.50
Java Chip Frappe	4.50	5.00	5.50
White Mocha Frappe	4.50	5.00	5.50
Lavender Vanilla Crème	4.50	5.00	5.50

## Catering Available

### Open 7 am 7 days a week

Serving breakfast to 11 am  
Monday through Friday

Serving breakfast to 12 pm  
Saturday and Sunday

#### THE WHARF

4751 Main Street Suite 116  
Orange Beach, AL  
Phone: 251-923-3265

#### HOTEL INDIGO

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