

THE Southern Grind COFFEE HOUSE

AT THE WHARF

Serving Breakfast, Lunch, Dinner, Dessert & Coffee

Breakfast Hand Helds

- Sausage Biscuit** 3.99
seasoned sausage patty served on a southern buttermilk biscuit
- Chicken Biscuit**..... 5.29
seasoned and breaded chicken filet served on buttermilk biscuit with honey
- Breakfast Biscuit** 5.29
egg, cheese & served with choice of bacon, ham or sausage
- Croissant**..... 7.29
2 eggs, cheese & served with choice of bacon, ham or sausage on a croissant
- Breakfast Bagel Sandwich**..... 7.29
2 eggs, cheese & served with choice of bacon, ham or sausage on a bagel of your choice
- Kings Hawaiian**..... 7.29
2 eggs, cheese, ham on a kings hawaiian roll
- Steak, Egg and Cheese Wrap** 12.49
seasoned steak, scrambled eggs and cheddar cheese served in a grilled spinach herb wrap served with side fresh salsa
- Breakfast Burrito**..... 12.99
2 eggs, cheddar cheese, jalapeños, red onion, avocado with choice of bacon, ham or sausage served in a grilled wheat wrap with side fresh salsa
- Breakfast Plates**
- Sunrise Bowl** 8.99
2 biscuits topped with pepper gravy and topped with 2 sunny side up eggs
- Spinach & Mushroom Scramble**.. 11.99
3 eggs scrambled with fresh baby spinach and bella mushrooms served with your choice of cheese (cheddar, mozzarella, provolone or feta), served with toast and a side of salsa
- Jalapeño Potato Scramble** 13.49
3 eggs scrambled with cheddar cheese, jalapenos, seasoned potato mix and served with your choice of bacon, ham or sausage scrambled together with a side of toast and a side of salsa
- The Wharf Breakfast**..... 12.29
2 eggs scrambled, and served with your choice of bacon or sausage, seasoned breakfast potatoes and toast
- Mexican Omelette** 12.99
3 eggs scrambled, diced tomatoes, chopped onion, sausage, chopped jalapenos and cheddar cheese, served with 2 flour tortillas and a side of salsa
- Mediterranean Omelette**..... 12.49
3 eggs, cherry tomatoes, spinach, black olives and feta cheese served with toast

- Smothered Meat Lovers Omelette**. 13.99
3 eggs, bacon, ham, sausage and cheddar cheese topped with peppered white gravy served with toast
- Farmers Omelette**..... 12.99
3 eggs, sausage, onion, red bell peppers and cheddar cheese served with toast
- Garden Omelette**..... 13.29
3 eggs scrambled, fresh baby spinach, bella mushrooms, diced tomatoes, chopped onion and bell peppers and cheddar cheese with side of salsa, served with toast and fresh fruit
- Avocado Egg Melt** 11.99
3 eggs scrambled with melted cheddar cheese and topped with sliced avocado served with a side of fruit and salsa
- Avocado Toast** 8.99
Chef's Special
- Cinnamon French Toast**..... 11.99
2 slices of cinnamon swirl French toast, powdered sugar with choice of bacon or sausage
- Belgian Waffle with Fresh Strawberries & Cream** 13.49
topped with powdered sugar & raspberry drizzle with choice of bacon or sausage
- Belgian Waffle** 11.99
with choice of bacon or sausage
- Biscuits & Gravy** 5.29
2 buttermilk biscuits topped with country pepper gravy
- Quiche of the Day**..... 10.49
served with fruit cup
- Oatmeal**..... 3.99
served with cranberries & brown sugar
- Yogurt & Granola Parfait** 5.99
- SIDES:**
- Seasonal Fruit** 5.99
- Bacon or Sausage**..... 3.99
- Ham** 3.50
- Eggs**..... 1.50 per
- Egg White Charge**50 per
- Seasoned Breakfast Potatoes**..... 4.99
- Avocado Halve** 2.99
- Biscuit or Toast** 1.99
- Bagels** 3.29
plain, everything, blueberry or wheat with cream cheese, peanut butter or butter
- Croissant** 3.49
served with cream cheese or butter
- Orange Juice**... 12 oz. 2.99 20 oz. 3.99
- Apple Juice** 2.99
- Bottled Water** 1.99
- Lemonade** 2.99



Brewed Coffee | Cold Brew

	Short 12oz	Tall 16oz	Venti 20oz	Bottomless Cup
House Blend	2.99	3.29	3.49	4.49
Single Origin/Flavored	3.29	3.49	3.79	
Cold Brew	4.29	4.79	5.29	
Nitro Draft	4.29	4.79	5.29	
Dublin Cold Brew (Guinness, cold brew, cream)			6.49*	

*must be 21

Espresso Drinks Hot | Iced

Americano	3.29	3.79	4.29
Latte	4.29	4.79	5.29
Cappuccino	3.99		
Caramel Macchiato	4.99	5.49	5.99
Salted Caramel Latte	4.99	5.49	5.99
Crema Brulee Latte	4.99	5.49	5.99
Mocha	4.99	5.49	5.99
Milky Way	4.99	5.49	5.99
White Mocha	4.99	5.49	5.99
Peanut Butter Mocha	4.99	5.49	5.99
Honey Bee Latte	4.99	5.49	5.99

add any flavor .75

non-dairy milk: almond, oat, soy .85 extra

add a shot of espresso 1.50

Non Coffee Drinks

Chai Latte	4.99	5.49	5.99
Hot Brewed Tea (Various Flavors)	3.59	4.19	4.69
Hot Chocolate	4.19	4.69	5.19
Vanilla Crème	4.19	4.69	5.19

Frappes | Smoothies

Coffee Frappe	6.49	6.99	7.49
Mocha Frappe	6.49	6.99	7.49
Caramel Frappe	6.49	6.99	7.49
Salted Caramel Frappe	6.49	6.99	7.49
Java Chip Frappe	6.49	6.99	7.49
White Mocha Frappe	6.49	6.99	7.49
Vanilla Honey Frappe	6.49	6.99	7.49
Strawberry · Mango Smoothie	6.49	6.99	7.49
Strawberry Banana · Mango Banana	7.49	7.99	8.49



Open 7 am 7 days a week

Serving breakfast to 11 am
Monday through Friday

Serving breakfast to 12 pm
Saturday and Sunday

THE WHARF

4751 Main Street Suite 116
Orange Beach, AL
Phone: 251-923-3265

HOTEL INDIGO

22843 Perdido Beach Blvd.
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SHOP ONLINE

www.thesoutherngrind.com

info@thesoutherngrind.com

We Ship!


CATERING AVAILABLE



Paninis, Sandwiches & Wraps

served with chips & choice of pasta salad or cucumber salad
substitute fruit for any side or chips for an additional \$1.
bread choices: ciabatta roll, sourdough, wheat, spinach wrap, whole wheat wrap

Cheeseburger 12.99
¼ lb. burger served with cheddar cheese, lettuce, tomato & onion on kings hawaiian. add bacon...1.00

 **Plant-Based Burger**..... 13.49
Vegan burger served with lettuce, tomato and onion on a ciabatta roll

Turkey Bacon Avocado Wrap 12.99
turkey, provolone cheese, bacon, avocado, tomato & lettuce served in a grilled spinach herb wrap. served with a side of ranch

Turkey & Avocado BLT 14.49
sliced roasted turkey, fresh avocado and hardwood bacon, lettuce, tomato and mayo served on a warm buttery croissant

Turkey or Chicken Club Panini 12.99
turkey or chicken breast, bacon, lettuce, tomato with chipotle mayonnaise. served on sourdough bread

Turkey or Chicken Pesto Panini 12.99
sliced turkey or chicken breast with pesto, mozzarella cheese, tomato with fresh basil, salt & pepper, served on ciabatta roll

Ranch Chicken & Bacon Panini 12.99
grilled chicken breast, bacon, avocado, provolone cheese with ranch dressing, served on sourdough bread

Honey Mustard Chicken Wrap 11.49
grilled chicken breast, mozzarella cheese, tomato and lettuce served in grilled whole wheat wrap. served with a side of honey mustard

Chicken Salad Sandwich 11.99
Jaime's recipe of grilled chicken, red grapes, walnuts, celery and spices, mixed together and served on a flaky, buttery croissant

Chipotle Chicken Club Flatbread Melt 13.99
grilled chicken breast, cheddar cheese, bacon & chipotle sauce, baked on a hand stretched flatbread topped with lettuce & tomato

Buffalo Chicken Flatbread Melt..... 12.99
grilled chicken breast, red onion, blend of mozzarella and cheddar cheese topped with buffalo sauce baked on a hand stretched flatbread. choice of ranch or blue cheese dressing on side

Chicken Quesadilla 11.99
grilled chicken and cheddar monterey cheese served with fresh salsa

Steak Quesadilla 12.99
seasoned steak, cheddar and monterey cheese served with fresh salsa.


Philly Cheese Steak 13.99
thinly sliced ribeye steak grilled with provolone cheese. served on hoagie roll with peppers & onions


French Dip 13.99
served with provolone cheese and creamy horseradish sauces on a hoagie roll with a side of au jus.


Roast Beef and Cheddar Wrap 13.99
roast beef, cheddar cheese, lettuce, tomato and onion on a spinach and herb wrap with a side of creamy horseradish

Grilled Cheese Panini 9.49
cheddar, mozzarella, provolone on sourdough bread. add one or more of these items: ham, bacon, tomato.....1.00 ea

 **Mozzarella Tomato & Basil Panini**..... 9.99
mozzarella with tomato, fresh basil & balsamic vinaigrette. served on ciabatta roll

 **The Hummus Veggie Wrap**..... 10.49
spinach and herb wrap with hummus, avocado, spinach, cucumber, tomato, red onion. served with side of fruit


 **Hummus Platter** 10.99
hummus served with a side of flatbread slices, cucumber slices, grape tomatoes and avocado slices.

 **Quiche of the Day** 10.99
served with a cup of soup

Salads

Ask us how to make your salad vegan!
add grilled chicken or sliced turkey 3.99


  **Pear & Pecan** 11.99
fresh greens, red onion, caramelized pears & roasted candied pecans with crumbles of blue cheese

 **Cobb Salad**..... 12.99
fresh greens, smoked bacon, smoked turkey, tomatoes, hard boiled egg, blue cheese crumbles, black olives

  **Strawberry Pecan Salad** 11.99
fresh greens topped with pecans, feta and strawberries

Wedge Salad 10.99
wedge salad topped with bacon, croutons, chopped red onion, grape tomatoes, your choice of blue cheese crumbles or feta cheese and dressing of your choice
Try it Joe's way with our bourbon glazed chicken

  **The Market Salad** 11.99
fresh greens, avocado, mushrooms, black olives, red peppers, cucumber, red onion, grape tomatoes & topped with feta cheese

 **Caesar Salad**..... 10.99
romaine lettuce, parmesan, garlic croutons, traditional Caesar dressing

  **Apple & Roasted Walnut**..... 11.99
granny smith sliced apples, roasted walnuts, dried cranberries, topped with feta cheese served on a bed of fresh greens

 **House Salad**..... 7.99
fresh greens, tomato, lettuce, cucumber, red onion, croutons

Dressings All dressings gluten free
Ranch Raspberry Walnut Vinaigrette
Honey Mustard
Caesar Strawberry Vinaigrette
Italian
Blue Cheese Honey Lime
Balsamic Cilantro Vinaigrette

Soup Du Jour Made Fresh Daily
French Onion Cup...4.99 **Bowl**...6.99
Soup of the Day Cup...4.99 **Bowl**...6.99
(as available)

Kids Menu (12-under)

served with fresh fruit

PB & J 6.99

Grilled Cheese 6.99

Turkey & Cheese Sandwich 6.99
served with lettuce and tomato

Grilled Chicken Sandwich 8.99
served with lettuce and tomato

Gelato Italian Ice Cream

18 Flavors · Cup or Add Cone +.50

Pint of Gelato 9.99

Dessert for two or more 12.99
hot Belgian waffle topped with 4 scoops of gelato, choice of sauces and whip cream

Kiddie Cup (1 scoop) 4.19

Gelato Regular (2 Scoops) 5.99

Gelato Large (3 Scoops)..... 6.99

Gelato Sundae 8.99

Gelato Shakes

made with your choice of Gelato..... sm 7.99 md 8.99 lg 9.99

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

